

Kathryn Para & Frolic the Fox

After the Rain Comes the Rainbow



Chorus:

After the rain comes the rainbow, (x2)
When you see the rain, I hope you know,
That after the rain comes the rainbow!

Verse 1

Drippity, drippity, drippity, drippity drop, drop, drop!
Rain is coming down down!
Drippity drippity drippity drippity drop, drop, drop,
It's really pouring now!

Verse 2

Sun is shining, sun is shining bright, bright, bright!
Shining through the rain!
Sun is shining, sun is shining bright, bright, bright!
Rain bends light this way!

Verse 3:

Light is bending, light is bending, from the rain.
All the colors frown
Light is bending, light is bending from the rain.
Touching to the ground!

Bridge

If you try to catch it, watch it disappear!
We can only see it if we are not near!

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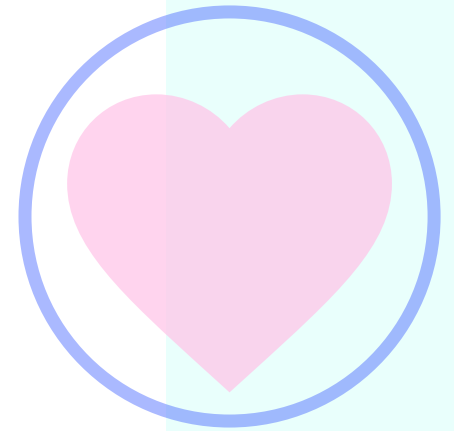
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A Circle Doesn't Have an End

A circle doesn't have an end,
It's line will never part,
Just like time with you, my friend!
Cause I carry you in my heart!



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All Aboard the Train

All aboard the train now, choo, choo! (x2)

With a chugga & a chugga & a choo -choo-choo! (x2)

All aboard the train now, choo, choo!

Alternatives (Use to make story)

Riding on a train now!

Hear the whistle blow now,

Go along the tracks now,

Over the bridge now,

Through the tunnel now,

Going up the mountain now,

Try a little harder now,

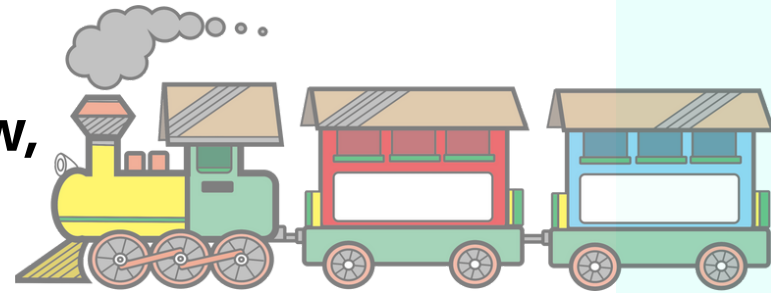
Woo hoo! we made it now,

Going down the mountain now,

Onto the turn style,

Pull into the station now,

Off with the cargo now,



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All Done/ Put Away!

All done, All done, **Playing time** is over,
All done, all done, Time to put away.

Put away, put away, Ready for another day,
Put away, put away, Ready for another play,
All done, all done, Time to put away.

|C---|----|F---|C---|(x2)
|G7---|----|F---|C---| (x2)
|C---|----|F---|C---|



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All Hail the Leader

All hail the **leader, the leader, the leader,**
All hail the **leader,**
for **she's** got something to say!

For **she's** got something to say,
For **she's** got something to say,
All hail the leader,
for **she's** got something to say,
For **she's** got something to say,
For **she's** got something to say!



Alternative:

Teacher, admiral, director, etc.
Pronouns or name

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All the Different Feelings are Okay!

Many times I'm feeling happy,
Many times I'm feeling sad,
Sometimes I feel worried, joyful, angry, grateful, mad,
And feeling all those feelings isn't bad, isn't bad!
No, feeling all those feelings isn't bad!
Cause all the different feelings are okay, okay!
All the different feelings are okay!



Feel them all together or work to sort them out!
You get a squishy, tearful, smiley, frowny pout, no doubt!
And finding words to name them can help to sort them out.
Cause all the different feelings are okay, okay!
All the different feelings are okay!



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Another Day:

Optional Intro/ Chorus

Another day, another day, of **joy** for you and me (x2)

Arrival,

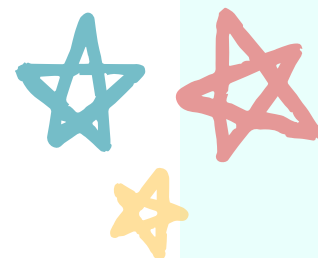
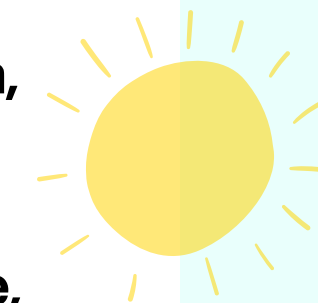
Parent: Say **hello** to **them** & say **goodbye** to **me**,
Another *day* **begins**, and **joyful** it will be! (repeat)

Caregiver: Say **hello** to **me** & say **goodbye** to **them**,
Together we will be as another *day* **begins**!

Departure

Caregiver: Say **hello** to **them** & say **goodbye** to **me**,
Another *day* **now ends**, with **joy** for you and me! (repeat)

Parent: Say **hello** to **me** & say **goodbye** to **them**,
Together we will be as another *day* now ends!



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April Flowers Bring May Flowers



April showers bring the flowers,
and the flowers help the bee!
The bee in turn will give the flowers,
Pollen for their fruit to be! (Bzzzz..Bee?)



The fruit so yummy fill my plate full,
I grow so big and ever grateful!

Grateful for the showers & the flowers & the little bee!
Grateful for the pollen & the fruit to fill the plate for me!



Grateful for the hands that grew the food,
and helped to nourish me!



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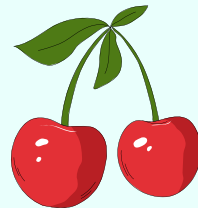
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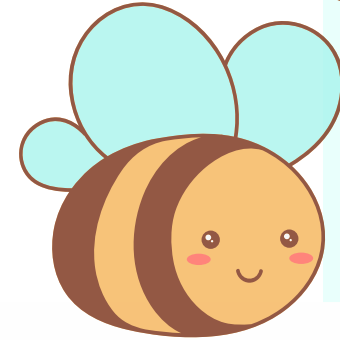


Bee Vomit :A Song About Honey!

Bee Vomit,
That good bee vomit!
I get my toast and I spread some on it!
Mmm! That yummy bee vomit!
Bzzz! That yummy bee vomit!



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Blossoms, Blossoms

Blossoms, blossoms, everywhere are blossoms,
Blossoms in the bushes, blossoms in the trees!
Blossoms on the ground, and blowing in the breeze!
Blossoms, blossoms, everywhere are blossoms!

Little fuzzy buds are growing, growing. growing, growing,
Little tiny flowers are peeking, peeking, peeking, peeking,
Little pushing petals out are showing, showing, showing,
showing!

Little bees & butterflies flying round are feeding, feeding,
feeding, feeding!

Saying

Yum, yum, yum, yum! Yum, yum, yum, yum! Buzz, buzz, buzz!"

&

Yum, yum, yum, yum! Yum, yum, yum, yum! Flutter, flutter, by!



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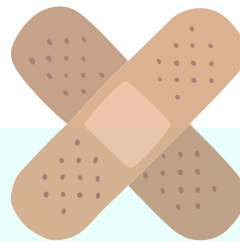
Body Heal

Body heal, body heal,
Make (**boo-boo**) better
So better (**you**) feel

Better **you** feel so **you** feel well,
You feel well in every cell,
Body heal, body heal!

Alternatives for different boo-boos:
Head- boo, knee-boo, feelings-boo,
Foot-boo, toe-boo, nose-boo, head-
boo, etc.

Alter pronouns: better you feel/
better I feel



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Bow Bump!



Bow bump! Ba-da-da-da bump!
Bow bump! Ba-da-da-da bump!
Bumps all around, give it a thump!
Bow bump! Ba-da-da-da bump!
Bow bump! Ba-da-da-da bump!

Air bump! Ba-da-da-da bing,
Bumps all around, give it a sing!

Hip bump! Bada, bada boom, boom!
Bumps all around now, give it a boom!

Knee bump, bada, bada, bweep!
Bumps all around now, give it a boom!

Foot bump, bada, bada pee-ew!
Bumps all around now, give it a boom!



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Breathe Up, Breathe Down

Breathe up, (*inhale*)

Breathe down. (*exhale*)

Be here (*inhale*), let go! (*exhale*)

Variations:

Breathe in, (*inhale*)

Breathe out. (*exhale*)

Be here (*inhale*), let go! (*exhale*)



inhale
exhale



Through roots, (*inhale*)

Through crown. (*exhale*)

Be here (*inhale*), let go! (*exhale*)

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Bubble Song

It's bubble time!

My bubble is so big (so big!), **My** bubble is so tall (so tall!)

My bubble is so wide, Only **I** can fit inside,

Your bubble is so big, **Your** bubble is so tall

Your bubble is so wide, Only **you** can fit inside

As far as I can reach, with my arms up high,
As far as I can reach, with my arms out wide,
As far as I can spin, as my arms reach out again,
That's how big my bubble is and now I'll stay within.

For social distancing:

My bubble plus your bubble & a bubble in between,
That's how far we need to stay until it's not a bubble day!

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Buckle You!

Little ditty for getting in car seats!

One, two, I'm going to buckle you!
Three, four, high five and shut the door!



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Bundle Up Now!

Verse 1: Go Outside

(Name clothing/ body parts)

Bundle **up** now! Bundle **up** now!

Time to go **outside**!

Bundle **up** now! Bundle **up** now!

Make those fingers hide!

Fingers, time to hide!

Stay in my gloves while I'm **outside**!

Verse 2: Come Inside!

Bundle **down** now! Time to go **inside**!

Fingers, don't you **hide**!

Fingers, peek-a-boo!

Come on out now let's see you! (x2)



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But I was Late



1-2-3-4-5-6-7-8

I went to the **Market** but I was late,
Why did I go there, I went to **buy a pear**.
Woah-oh-oh, wo-oh-oh-oh-oh,

Alternatives:

Create different verses with locations and anything that rhymes with air.

Cave- hug a bear

Beach- get sand in my hair

Children can choose location & adult to help rhyme (rephrase whatever they say to end with "there").



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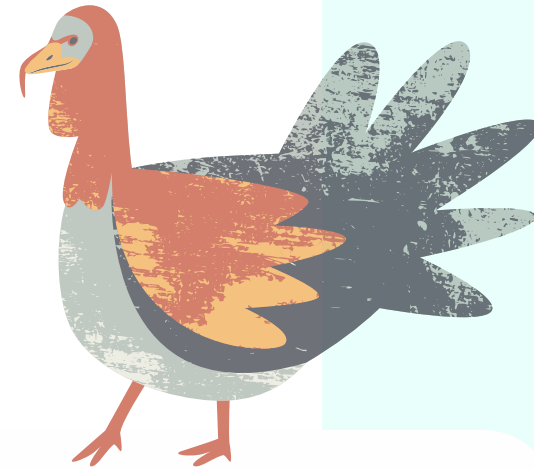


Caruncle, Wattle, Wattle and Snood

Carunc', Caruncle,
Caruncle, wattle, wattle and snood!

Here is my wattle and here is my snood,
They both get bright red,
When I'm in a feisty mood,

Hens will flock and be amazed,
When my caruncle is ablaze,
Carunc', Caruncle, Caruncle,
Wattle, wattle and snood!



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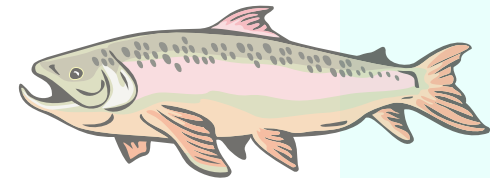


Check It!

I say check it, you say out!
Check it (out), check it (out)

|C---|G7---|C-G7-|C-G7-|

This attention getting song can use anything that rhymes with "out". Try to get the group to say the wrong rhyme.



Alternatives:

Smile/ pout! Quiet/ shout!
Salmon/ trout! Whale/ Spout!
Dinner/ out! Kitty/ mouse
Out/ about Trust/ doubt
grow/ sprout

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Come On In!

Can start with:

Come on in and find a seat,
Time with you will be so neat!
Come on in and find a spot,
We're going *(to learn)*a lot, lot, lot!

Come on in, doobie doobie doobie doop-doop! (x3)
Ba-doop, ba-doop, ba-doop, doop, doop, doop.
And **now come on in!**

Alternatives:

Have a seat, sit together, gather round,
make a friend, share the space, Let's begin etc.



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Concentrating

Concentrating, I need some concentrating!
I need to think of all the things I need to
thinky, thinky, think about!
Concentrating, I need some concentrating!
I'll do some concentrating!
Let's do some concentrating!



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Connection, Not Perfection

Life's about connection, not perfection!
And life's about the love you've got,
And not the things you have or have not!
So if you find you're seeking some perfection,
Don't forget to keep up your connection!



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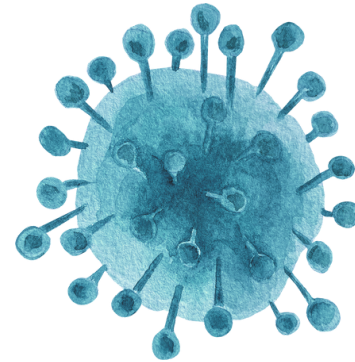


Cyanobacteria

Without cyanobacteria we would not be here-ee-ah
So I've got gratitude for tiny creatures blue!

Ancient, tiny creature that we can't see
Gave the earth oxygen that we need!

And now some are toxin sharing
inside an algae blooms
And I know that I'm caring
but I don't know what to do.



Oh! Cyanobacteria thanks for being blue,
Cyanobacteria, I'm grateful for you!
But and cyanobacteria please do keep your numbers down
So you don't make the other little water creatures frown!



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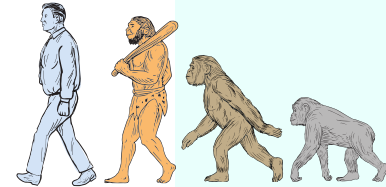
DiversiTREE

We're all leaves on a big diversiTREE,
Each of us is different but with similariTREE,
Take a look around you and I'm sure that you will SEE,
That the things that make us different give us personaliTREE,

Verse 1: The diversiTREE was seeded 'bout 4 billion years ago
With little, bitty, tiny stuff that we call DNA you know

Verse 2: Take a step back to our grandmother Lucy
Doesn't look much like our cousin the goosey
But look at our cousin chimpanzee—ee (Ooh-ooh AH)
They 've got some simiariTRE-EE

Verse 3: Just take a look at my cousin the skunk
We've got some similariTREE
But I'm not talkin' 'bout his awful funk (Pee-ew!)
No that's from our diversiTREE



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Using Care (Tricky Things): Short

Using care, using care,
Moving through it with our minds!
Using care, as we do a tricky thing!

Alternatives:

Think it through,
Ask for help when you need it!



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DNA

V1: Each creature's different, as we can see,
But what gives us our diversity? Yet keeps us keeping our similarity?

Ch: It's DNA, Ba-dum,

Deoxyribo, Deoxyribo, Deoxyribo Nucleic Acid! Ba-dum, that DNA!

V2: A double helix in each cell, Telling it how to be and where to dwell,
Even if you'll have a shell from DNA, bah-dum!

Br: So its like a twisted ladder, but where's all the magic kept?
Well they're saying that its a matter of the matching in the steps?
The steps are made of matching pair of nucleotides,
The matching order's where the traits reside!

You match the Cytosine and Guanine, or the C with the G!
The Adenine, Thymine, or the A with the T!

They line up and make a ladder, the code for and me! (x2)

And they're order tells each cell exactly how to be! (x2)

That DNA, bah-dum



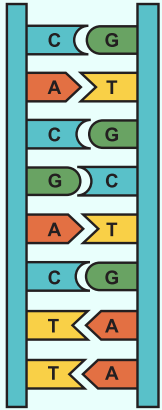
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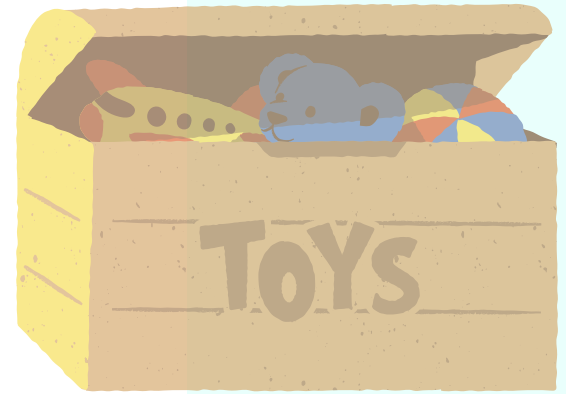


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Drop, Drop, Drop, Drop! (a Ditty for Tidying Up!)

Drop, drop, drop, drop!
Drop it in to make a sound!
Drop, drop, drop, drop!
Tidy, tidy all around!



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Drink Water!

Drink water! (Drink water!)
Get out your bottle, & drink it a lottle!

Even if you're not feeling thirsty,
Cause not drinking water,
Can make you feel the worst-y!



|G7---|CG7---|G7---|CG7---|
|C---|----|F---|C---|F---|G7---|C---|



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Echo

Echo (Echo, echo!)

Give me an echo! (Echo, echo!)

It's a very fine dayo, (dayo, dayo)

Hey, hey, hey , hey, hey! (Heyo, heyo!)



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Every Moment (Spark Song)

Every **moment** has it's own adventure!
A little spark inside, that's waiting to fly!
And I want, I want, I want, want, I want,
I want to help it!
I want to find that spark and help it fly!

Alternatives: Every friendship, act of kindness, child, book, cheeseburger, etc.



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Every Step I Choose to Take

Every step I choose to take,
Can give the Earth a little shake,
Cause atoms flying over here,
Can make a difference over there!
Where? Everywhere!
Where? Everywhere!

So step, shake it! Step, shake it!
Break it down to China!
Step, shake it! Step shake it!
Make my own fault line-a!
Step, shake it! Step, shake it!
I change all I see!
Step, shake it! Step, shake it!
Come and join me!



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Everything Needs a Home

Everything needs a home, just like you and me,
So let's put the **(blocks)** where they ought to be!

One **block**, two **blocks**, three then four,
We can put away even more, more, more!

Five **blocks**, six **blocks**, seven then eight,
Wow! This place looks really straight!
Wow! This place looks really great!



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Fair Winds & Following Seas



Fair winds and following seas,
May you find a balmy breeze,
Cool tides, adventure finds,
And stars aligned with dreams,
And stars aligned with dreams!



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Find an Acorn on the Ground

Find an acorn on the ground,
A tall oak tree might be around!
So take a minute to look and see,
If you can find a tall oak tree!



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Find Your Place

Find your place,
enjoy yourself,
and when you're done
be a helper elf!

Helper elves will....

Put away everything they use
Put the blocks in the bin!



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Find Your Place

Find your place, enjoy yourself,
and when you're done be a helper elf!

Helper elves will....

Put away everything they use!
Put the blocks in the bin!
Insert your cues!



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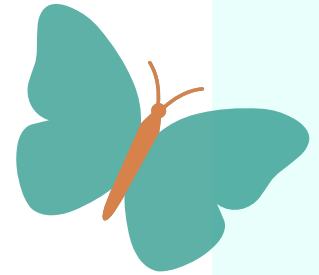


Flutter, Flutter Butterfly

Flutter, flutter up, up!
Flutter, flutter down, down!
Flutter to the sky then,
Flutter back down, down!
Fly into my yard then, all around my garden,

Flutter, flutter, flutter, butterfly, butterfly!
Flutter, flutter, flutter, flutterby, flutterby!

Find a little flower to drink to keep your power,
When your flying you can see so many wondrous things,
And everyone below you loves to see your wings!



Flutter, flutter, flutter butterfly, butterfly!
Flutter, flutter, flutter, flutterby, flutterby!



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Friends, Together, Friends!



Friends! Together, friends!
Friends together, friends!

Sharing time, holding space!
Real feelings on the face!
Friends! Together, friends!

Listening eyes, feeling ears,
Laughing, joy and even tears!
Friends! Together, friends!

Building you is lifting me!
Better our community..
Friends, Together Friends!



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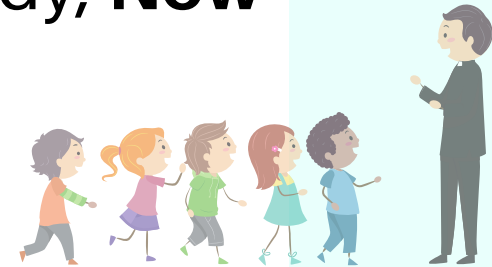
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Gather & Get Ready

Gather & get ready, ready & set to go! (x2)
Go outside, go outside, ready & set to go! (x2)

Alternatives: (**Child's name**) is ready, **Now**
who's ready, **Everyone** is ready



Alternative Verse Parts (Bold):
Go inside, to the hall/ car/ bus,
to the woods, etc.



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Gentle Touch:

Gentle touch, gentle touch,
Always use a gentle touch!

|C---|C---|F---|C---|

Alternatives:
*playing with, holding with,
handle with, friends will use,*



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Going on an Expedition

We're going on an expedition!
It's a very fine tradition!
We're going on our way!
Do- do- do- do- do- do- do!
On a very fine day!
Do- do- do- do- do- do- do!
And we say hooray! We say hooray!

C---|---|---|---|F-G7-|---|F-G7-|---
|G7---|---|C---|---|G7---|---|C---|



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Good Googa-Mooga!

Good Googa- Mooga! (Googa- Mooga!)
Good Googa- Mooga! (Googa- Mooga!)

I'm gonna **jump** for a little good googa-mooga,
for some good googa-mooga!
Gonna **jump, jump, jump, jump, jump** (repeat)
for some good googa-mooga!

Alternatives

Use fun movements. Ask children what helps them feel good.



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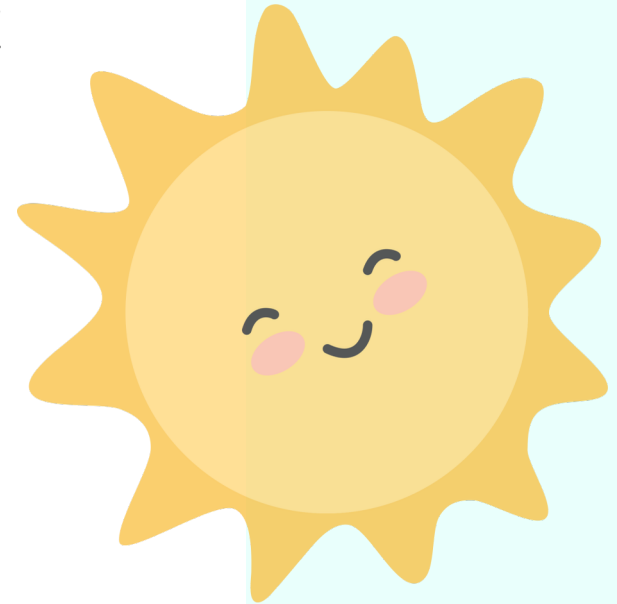
Good Morning, Sun!

Now our place upon the earth
Is facing toward the sun!
Another day was given birth
and warmth for everyone!

Good morning, Sun! Good morning, Sun!
With you our day has begun,
You shine so bright at the end of night,
Put many things within our sight!
Good morning, sun! Good morning, Sun!
With you our day has begun!

And now I'll use this day for good,
Do the things I know I should,
I'll work and play and do my best,
Till the end of day, when I rest!

Farewell to night time (Say "farewell!")
Say "Hello!" to the day, to the day!
Let go of dreams, though,
We'll work to make some true today! (x2)



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Grateful, We're Grateful!

Grateful! (*Grateful!*)

We're grateful! (*We're grateful!*)

Grateful for this **sunny day!** (*this **sunny day!***)

(Repeat)

We're grateful for so many things
Adventure, friends, the joy life brings
Yes that's our att-it-u-ude!

We're filled with grat-it-u-ude

We're grateful for this **sunny day,** (this **sunny day!**)

Other verses could include

Sunny day, family, company, food we share,
fun we share, time we play, place we stay



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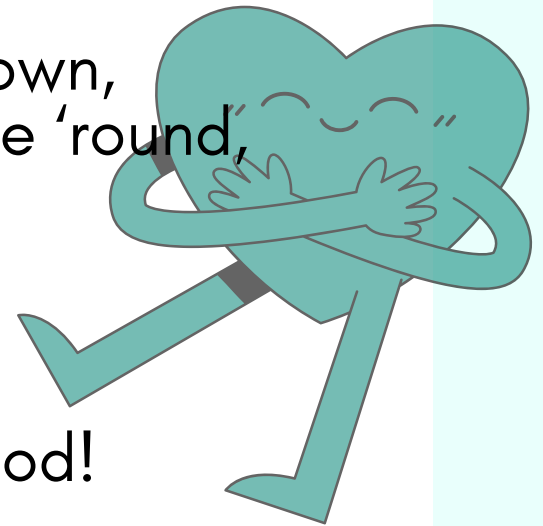


Gratitudy Attitude

I've got a gratitudy attitude,
and it puts me in a happy mood,

If I feel like things are looking down,
Sometimes gratitude can pull me 'round,
So I'll try to find a thing I like,
Even when I'm feeling strife,

I find my gratitudy attitude,
and that puts me in a happy mood!



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Head Back Home

It's time to **head** back home once more,
To **head** back home once more!
It's time to **head** back home once more,
To **head** back home!

Gonna **hop, hop, hop, hop, hop, hop,**
hop back home. (x2)

*Add additional verses with various verbs,
like **hop, spin, jump, drive.** Chorus optional.*

Alternatives:

verbs: hop, stomp, tip toe, spin

Also possible to change destination! (to
class, to the car,



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Hello, hello, I'm so glad you're here!

Hello, hello, I'm so glad you're here!
Hello, hello, won't you gather near?
Cause I would like to **sing** with you,
Sing with you, **sing** with you,
I would love to **sing, sing, la-la-la-la-la**
sing, sing, la-la-la-la-la
sing, sing, la-la-la-la-la
sing sing sing with you,
Cause I'm so glad you're here,
and **singing** brings me cheer!

Alternative:

Jump, up-up-up-up-up
Spin, round and round and round
Dance, la-la-la-la-la
Hop, hop-op-op-op-op



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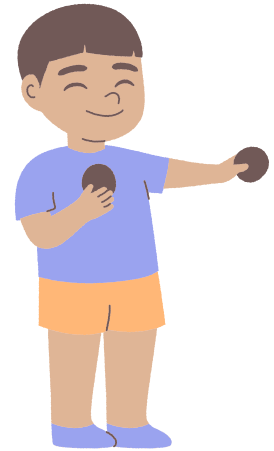
How I Feel (Sharing Song)

V1 Thoughtful, caring generous and kind,
is how I feel when I share with you what's mine
How I feel, how I feel, how I feel from sharing

V2 Happy, grateful, appreciative of course,
is how I feel when you share with me what's yours.
How I feel, how I feel, how I feel from sharing

V3 United, together, with community that's strong,
is how we feel when we sharing and get along.
How I feel, how I feel, how I feel from sharing

Sharing is a gift, something we choose,
Not something that's taken or something we loose,
and sharing is caring and caring is...caring is...
Well everything, everything, it's every little thing!
Have you ever heard a kindness ripples out for evermore,
and that smiles upon our faces make it brighter than before!



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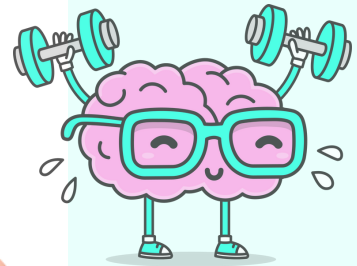
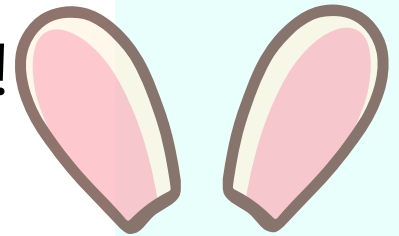


I Care for my Body

Introduce song with gratitude for different body parts. Incorporate breathing, say the body part with a very full breath, slowly blowing out.

I care for my body & my body cares for me!
I'm grateful for my...(**body part**)!

Alternatives: Body Parts: eyes, ears, nose, tongue, skin, fingers, hands, elbows, mind, brain, knees, legs, etc.



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I am True

I am strong, I am brave, I am true,
I'm so very me as you're so very you!

There is purpose and adventure in everything I do!
I am true, I am true, I'm so very me as you're so very you!

I bring questioning and wonder to every thing I do,
I am true, I am true, I'm so very me as you're so very you!

I find love and hope and beauty in everything I do,
I am true, I am true, I'm so very me as you're so very you!

And being me is what I get and even though I'm growing yet,
I choose the way my life will set, and me is where I place my bet!

I am strong, I am brave, I am true, I'm so very me and very not you!
I am true, I am true, I'm so very me as you're so very you!



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I Hear the Calling of a Bird

I hear the calling of a crow, of a crow,
Saying "caw, caw, caw"
There is danger down below!

I hear the calling of an owl, of an owl,
Saying "Whoo, whoo, whoo!"
Children gather to me now!

I hear the calling of an eagle in the sky,
Saying Kee, kee, kee!
Keep attention, keep an eye!

Use song to install cues for movement When outside. Practice for automatic Movements when adult uses the bird song.



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Infinity Song

Gonna sing an infinity song,
That keeps going on and on,
It's got us moving in a figure eight,
Now we really want to celebrate
Cause we know we're.



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It's Time!

It's time, It's time,
It's time for us to sing and play,
Time to build a wonder day!

Here's our chance to be together,
Make our day a little better!
It's time! (----) It's time! (----) It's time!

Verse 2:

It's time to hello once more!
We've got so much fun in store!



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I've got Grit!

I've got grit-t-t-t! I've got grit-t-t-t!
I can try and try,
I can try some more,
When I need to do it!

I've got grit-t-t-t! I've got grit-t-t-t!
I can work on through,
even when it's hard!
When I need to do it!

I've got grit-t-t-t! I've got grit-t-t-t!
Even when I'm wrong,
I can move along!
When I need to do it!



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Like a Fox

I'm smart like a fox, brave like a fox,
Well red like a fox, and a little bit sly,
So I'll walk and I'll stalk and I'll leap like a fox,
I'm gonna tell you why!

Cause foxes like to frolic,
And they frolic every day
Foxes know how to play,
and they play every day,
Foxes shake their tales,
and I'd like to shake my tail today!



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Make it a Fairy, Fairy Good Day!

My friends, my friends, I'm wanting to say,
Make it a fairy, fairy good day
Oh, won't you please, please, bring sunshine to today,
With an ear or a smile or something kind you say,

This world needs more people to bring goodness in,
And breathe goodness out, it's needing more no doubt!
So my friends, my friends, I'm wanting to say,
Make it a fairy, fairy good day!



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Make it Ready.

Make it ready, make it ready,
Make it ready for our friends!
Make it ready, make it ready,
When your tu-u-u-urn ends!

Make it ready, ready as someone did for you,
Make it ready, tidy up and
Help to keep it fresh and new! (x2)



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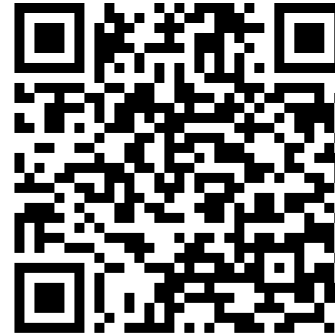
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I Carry my Sweet Little Lantern

Inspired by an old german folk song.

I carry my sweet little lantern everywhere I go,
I carry my sweet little lantern, everywhere I go!
When I share my warmth and light with you,
We're brighter than the light of two!

The world becomes the lantern and everywhere will glow!
The world becomes the lantern and everywhere will glow!
I carry my sweet little lantern everywhere I go!



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Noun, Noun, Noun & Verb

Gather...

**Noun, noun & noun
& verb, them over here!**

Example:

Hats, boots and gloves

Bags, bottles, backpacks

Choose a fun verb.

Change "Here" to other location, like table



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Oakie-Doakie Tree (Everything is Oakie-Doakie)

Everything is oakie-doakie under the big oak tree,
I know that cause it's where the acorns always want to be,
So when I want to feel a little oakie-doakie dee,
I'll find a place and sit beneath the oakie-doakie tree!

Oh, the oakie-doakie tree,
The oakie-doakie tree,
Is where I go to feel a little oakie-doakie-dee,

Oh, the oakie-doakie tree, the oakie-doakie tree,
I know that's where I really know I really want to be!



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One Finger Gentle Touch:

One finger gentle touch! (x2)
So we do not harm it much,
Use a one finger gentle touch!

Just a little tiny touch,
With just one little finger,
Not a grab, and not a hold,
Finger straight, don't linger!



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Open the Circle

Open the circle, welcome more, welcome more!

Open the circle, welcome more!

When we are together we know hearts will soar,
will soar!

Open the circle, welcome more!



Alternate Cues & Verses:

Gather in a circle once more, once more!

Breathing in the circle once more

Silent in the circle once more

Sitting in a circle once more

Standing at the circle once more

Lay your heads into the circle once more

Stretch your hands into the circle once more once more

Say ah, in the circle

Silly faces in the circle



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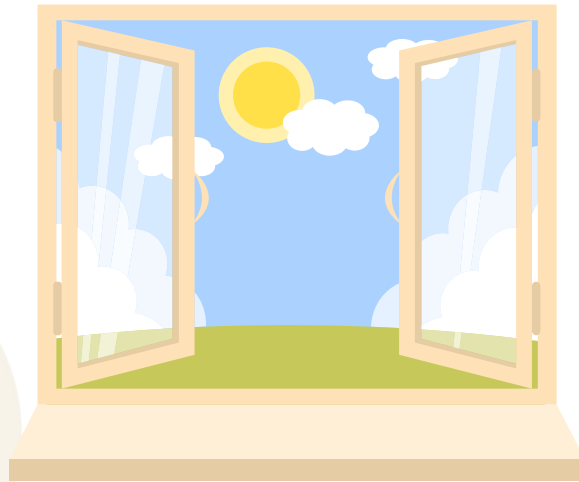


Outside My Window

Outside my window, I see ____ I see ____ I see _____,
Outside my window, I see ____ and I wonder _____,

Alternatives/Variations:

Out in the tree, out in my garden, out in sky, here in the meadow, Up in the sky



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Noun to the Noun! (Directions)
(Body Part to the Location)
(insert item or body part and location)

Verb to the noun now,
Verb to the noun now,

Verb to the noun now, hip, hip, hip!
(repeat)

I said hip, hip, hip, hooray! (x3)

We're gonna (**action**) today! (x2)

Example Verb to the noun (Bold):

Feet on the Floor, Hands on your hips,
Hands to the bricks now, Paws on the wall, Feet on the
floor now,

Alternate Action (Bold):

Make some art, take a walk, etc.



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Peek-a-boo Stars

Peek-a-boo stars, it's night time, Won't you come out and play!
Pee-a-boo stars, it's night time, help us say goodbye to day!

Where we are upon the earth has spun, spun, spun
Enough to face away from the sun, sun, sun!
When we get to see you we know day is done.
Pee-a-boo, peek-a-boo stars and bye bye sun!

Now we know the evening's here and time is right,
To settle down as we prepare to slumber through the night,
I hope the dreams we dream will be such fun, fun, fun
And we wake up fresh and rested when the next day has begun!
Pee-a-boo, peek-a-boo stars and bye bye sun!

Earth is spinning round and round and gives us day and night,
Travels in a circle round! Our big, warm source of light light light
One trip around, it's been a year, four seasons pass us by!
The little tilt of earth will bring us a newer view of sky!
Pee-a-boo, peek-a-boo stars and bye bye sun!



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Peek-a-Boo Counting!

Lyrics in Italics are optional, to enhance counting experience!

Just for one, let's count to **one!**

Ready?

One! Peek-a-boo!



Me and you, let's count to **two!**

Ready? Ready?

One! Two!

Peek-a-boo! *Peek-a-boo!*

You and me, let's count to **three!**

Ready! Ready? Ready?

One! Two! Three!

Peek-a-boo! *Peek-a-boo! Peek-a-boo!*

Now once more, let's count to **four!**

Ready? *Ready? Ready? Ready?*

One! Two! Three! Four!

Peek-a-boo! *Peek-a-boo! Peek-a-boo! Peek-a-boo!*

With a dance and a jive, let's count to **five!**

Ready? *Ready? Ready? Ready? Ready?*

One! Two! Three! Four! Five!

Peek-a-boo! *Peek-a-boo! Peek-a-boo!*

Peek-a-boo! Peek-a-boo!



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Poison Ivy.

Leaves of three, I'll leave them be,
So no poison gets on me!
Vine that hairy, be aware-y,
Poison ivy can be scary,
Even when there is no green,
Hairy ivy can be mean.



C---|----|F---|C---| (x3)



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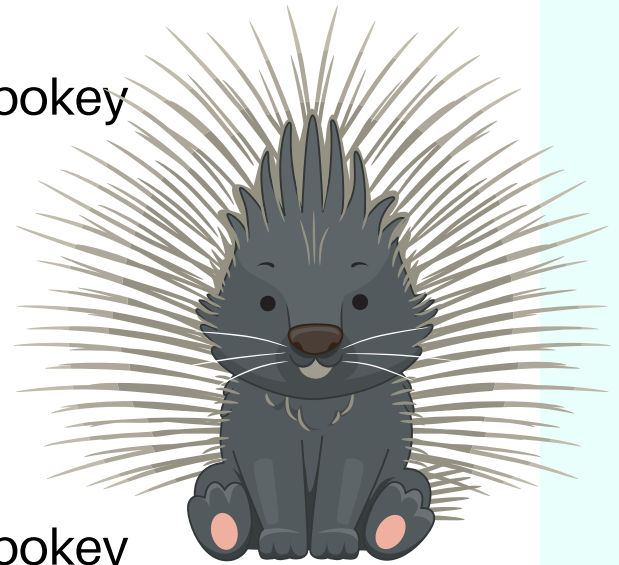
Pokey Pokey Porcupines

Pokey pokey porcupines,
With pokey backs so full of spines,
Scratch and scratch and walk along,
As I sing your pokey song,
Weather's cold you're in your den,
Until the weather's nice again!

You're a pokey, pokey, pokey, poke, pokey
porcupine (2)!

Pokey pokey porcupines,
With pokey backs so full of spines,
Pokey quills upon your back,
But only threatened you'd attack,
Use your feet to climb a tree,
And munch your dinner happily,

You're a pokey, pokey, pokey, poke, pokey
porcupine (2)!



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Pretty, Pretty Pansies

Coming Soon



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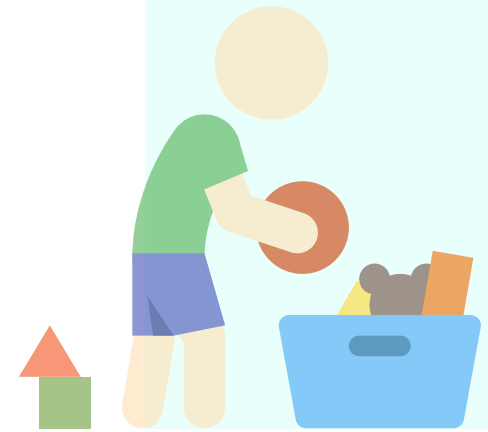
Put Away, Not Down!



Put away, not down!
Put away, not down!

Care for things so they can be found!
Put away, put away, not down! (x

*Alternatives: care for things
so their not on the ground,*



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Rain, Rain, Come out and Play

Rain, rain, come out and play,
I really want to splash today,
If you don't then I'll be sad,
for all the fun I could have had!



And with the rain, I will remember sun!
And with the cold, I will remember hot day fun!
And in the wet I will remember cozy dry!
With the mud I will be a muddy muddy-buggy-by!



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Ratty Tatties

A Brushing Song for kiddos who need it!

I've got more ratty tatties than anyone I know
That's cause I have tall hair and I wear it really low
When I'm asleep they have a party and many tatties come
They build a nest so hearty that my neck gets kind-of numb!

They like it there, they want to stay
but I must evict them every day,
For if I didn't, what would I be?
I'd be a ratty tatty tree!

So I ask for a little help and someone gets the brushhhhh!
Although sometimes I want to yelp,
It's time to make them hush, hush hush,
We brush my hair from bottom to top
and when it's smooth, the rattie tatties stop!
But as they go they give a warning:
"We'll be right back here in the morning!"



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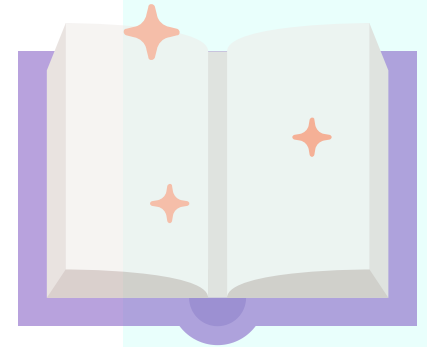
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Reading Makes Fairy Dust

Did you know reading makes fairy dust?
So I'm begging and pleading,
Keep reading, please, you must!

Oooh, magical creatures,
Need a sprinkle now and then!
Please keep on reading,
Keep going I'm pleading,
Cause reading makes fairy dust! (x2 or
repeat as desired to sing together)



C---|----|F-G7---|----|(x2)|Am---|----|F---|G7-->
-|C---|----|----|F---|C---|F---|C---|



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Reduce, Reuse Recycle and Rot!

A song about compost!

Reduce, reuse, recycle and rot-da-dot-da-dot
da-dot-dot!

It's how we keep this big old Earth
keeping what she's got-ga-got-ga-got,
ga-got-got!

Four things we can do because we care a wonder
lot, lot, lot!

Reduce, reuse, recycle and rot-da-dot-da-dot,
da-dot dot!

Rot-da-dot-da-dot, da-dot dot! (2)



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Rock, Paper, Scissors, Shoot!

You've got your rock, you've got your paper,
you've got your scissors too.
You're gonna pick one and I'm gonna beat you!

Cause scissors cut the paper, paper covers rock,
rock'll crush the scissors, BOOM! enough talk
Now...Rock, paper, scissors, shoot!

Variations:

If Rock over scissors: "Boom!"

Paper over rock: "Cover!"

Scissors over Paper: "Cut it!"



Ooh we got a match, a rocky, rocky match!
Ooh, we got a match, a rocky, rocky match!
Now, rock, paper, scissors, shoot!

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Sail Away Green Ship (Verb Away Children)

Sail away, children, **sail, sail away!** (x3)

Have a **Wonder** Day! (x3)

Alternative: Use your own verb and type of day!

Hop, skip, ride, gallop, spin, etc.

and

Have a happy, lovely, adventuresome, scienc-ey, etc.



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Sailors on a Ship!

We're all good sailors on a ship!
With a hearty hooray and a hip, hip, hip!
We'll hoist the anchors to the top!
And chart our course for a wonder op!
So...
Up with the anchor, with the anchor aweigh!
and let's go catch some awe today!

Then the older kiddos choose a consonant.

F and P tend to be favorites for some unknown reason...

*Fe're all food failors on a fip!
Fith a farty fooray and a fip, fip, fip!
Fe'll foist the anchors fo the fop!
And fart our fourse for a fonder op!
So...
Up with the anchor, with the anchor aweigh!
and let's go catch some awe today!*



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Sharing Song



Sometimes sharing is hard,
Sometimes sharing is fun!
Sometimes I don't want to share,
And other times I want to share with everyone!

Cause sharing is one way we can make the world a little better,
Sharing is one way we can show someone we care! (We care)
Sharing is one way we can show appreciation to each other,
And every kindness ripples out to everywhere!
Every kindness ripples out to everywhere!
Oh, every kindness ripples out to everywhere!
And that is why I really like to share!



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Show and Tell Means Listen and Share

Show and tell means listen and share,
Listen and share, listen and share!
Show and tell means listen and share
and I'll share that time with you!

When we listen and tell,
and we see and share.
It's time we get to learn and care.
A turn for you, a turn for me,
and a time for each to share and see!

Show and tell means listen and share,
listen and share, listen and share
Show and tell means listen and share
and I'll share my time with you!



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Silly Squirrel

Silly squirrel, silly squirrel scurrying around,
Climbing on trees and running on the ground
Gather food to save and store
To eat when winter comes once more



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Sing Hello/ Goodbye

Intro

I love to sing hello to my friends, to my friends!
I love to sing goodbye,
When our time together ends!

Verse 1: Hello!

Hello! Hello! Hello! Hello! (*repeat*)
I love to sing, **hello!!**

(Verse 2: Goodbye!)

Bridge/ Bonus

With each goodbye, there's a new hello,
When each time ends,
There's a new time to to get to know!
(*or a new memory to grow*)



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Sing Spell Names

C-H-I-L-D

Spells (**child's**) name!

Did I get it?

(Yes?) Yay! Sprinkle fairy dust!

(No?) Ooh, goodie!

I get to try again! Sprinkle fairy dust!



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Sit Spot

I'm gonna choose my sit spot, my very own sit spot!
I'm gonna choose my sit spot,
Where all the wonder can be caught! (x2)

I'm catching wonder with my eyes, with my ears, with my nose!
I'm catching wonder with my skin and how my body feels my pose!
How my body feels my pose!
My catching all the wonder pose

My wonder pose is on my bottom, belly, back or on my toes!
I'm catching wonder with my silent stillness in my wonder pose!
Stillness in my wonder pose!
My catching all the wonder pose

Alternatives: change each verse, use as cue to help re-focus.
I'm walking to my... sitting in my, I'm wondering in my,
I'm quiet in my, I'm humming in my, looking from my,
listening from my, smelling from my, etc.
Change pronouns to meet child/ group.



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Snow is Falling

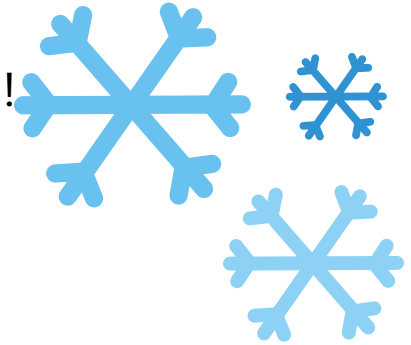
Snow is falling down, snow is falling down,
Slowly falling, slowly falling, snow is falling down!

Scoop up what I found, Scoop up what I found,
Gently scoop it, gently scoop it, scoop up what I found!

Pack it, pack it round, pack it pack it round
Tightly pack it, tightly pack it, pack it pack it round!

Throw and hear the sound (whoosh)! Throw and hear the sound (whoosh)
Up I throw it, up I throw it, throw and hear the sound,

Snowball coming down, snowball coming down,
Quickly falling quickly falling snowball coming... splat!



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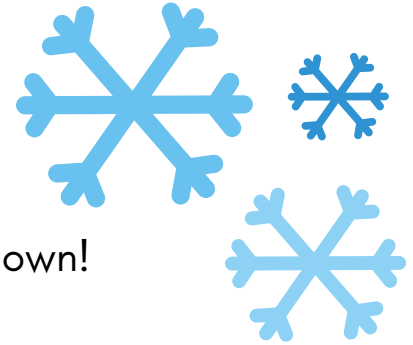
Snowbirds all Around

Snow is falling down, down, snow is falling down, down,
Everywhere outside I see that snow is on the ground, ground!

Snow is piling up, up!
Everywhere it's falling down, the snow is piling up, up!
Snow is piling up!

Children on the ground, ground! Arms go up and down down!
Tail and wings and carrot beak, Snowbirds all around

snow
Snowbirds on the ground!



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Someone Special has a Birthday.

Someone special has a birthday
And I hear that very special person's you,
Someone special has a birthday,
And a birthday is my celebration cue!

Oh, I really really really want to celebrate,
Want to celebrate with you,
Cause I think you're really really really great,
And I am grateful for another year with you!

Someone special has a birthday,
And I hear that very special person's you,



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Already Every
Moment?



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Soft and Cozy

Soft and cozy, feeling dozy,
Make a nest, time to rest!

Soft and cozy, feeling dozy,
Lay your head, snug-a-bed!
Quiet, soft and Cozy (x2)

C---|----|F-G7-|C---| (x2) F---|G7---|C---|----|

(Sub **adjectives**, or **verbs** in last line
like comfy, dreaming, listening, breathing,
hearing, melting, etc).

Additional/ alternative lines(**Bold**)

- Rest your voice, breathing noise!
- Rest once more, gentle snore!
- On your mat, rest like that!
- Body lies with resting eyes!



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Splish, Splash!

Splish, splash! Splish, splash!
I'm gonna have a rainy day bash!(x2)
Rain, rain, come out and play,
I really want to splash today!
If you don't then I'll be sad,
For all the fun I could have had!



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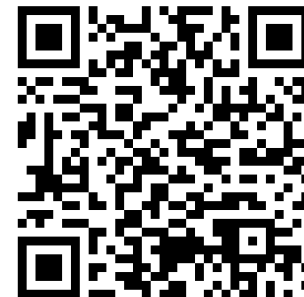


Step Up, Step Over!

Step up, step over, looking at the ground,
Step up, Step over, look for snakes that may be found!
step up, step over, the fallen branch or tree step up, step
over, lest we scare what we don't see



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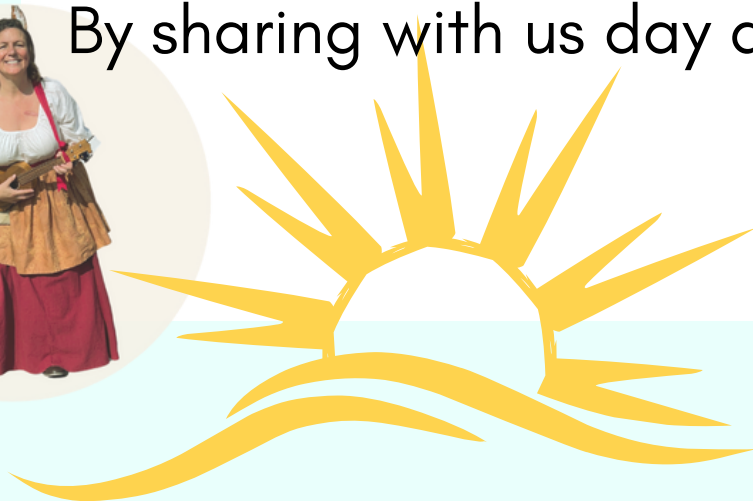
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The Sun is the Star that I love Best

It rises in the East and it sets in the West!
Oh, the Sun is the star that I love best!
Bringing us each day and night,
By sharing with us day and night!



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Table Time

Wash your hands for table time,
Table, table time!
Food & drink & songs that rhyme,
Table, table time!
When we're through we'll tidy up!
Ready for the next thing, yup, yup, yup!

C---|-F--|G7---|C---| (Repeat)
C---|-F--|G7---|----|C---|



Additional verses parts (**Bold**)
Take your seat, Pass the food,
Tiny voice, Eat your greens, etc.



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Tell Me a Tale

Tell me a tale, tell my your truth,
Tell me about what you see,
Tell me a riddle and tell me a joke,
And tell me what you like to be!

Share your words and I will listen,
And share my words with you,
Listen and tell, tell and listen,
That's what friends will do!



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Thoughtful as we Touch

Let's be thoughtful as we touch,
So we don't harm much!

Let's be mindful, let's enjoy,
Keeping it gentle so we don't destroy!



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Three Little Bunnies

V1 Three little bunnies are ready for bed,
But the **three** little bunnies want to hop instead!

Chorus:

They want to hop and bop, hop and bop,
They want to hop and bop, hop and bop,

Three little bunnies want to hop and bop.

Until.... One little bunny said (yawn, yawn, yawn)
I think I want to stop!

Now that little bunny went kerrrrr PLOP!

V2 Now **two** little bunnies are ready for bed

But the **two** little bunnies want to hop instead

(Chorus)

Now **one** little bunny is ready for bed

But the **one** little bunny wants to hop instead

They want to hop and bop, hop and bop,

They want to hop and bop, hop and bop,

One little bunnies want to hop and bop.

Until.... **One** little bunny said (yawn, yawn, yawn)
I think I want to stop.

(Chorus)

Now three little bunnies are lying in the bed

And no little bunnies want to hop in stead,

All the little bunnies say (snore) and (snore)...

Night night little bunnies!

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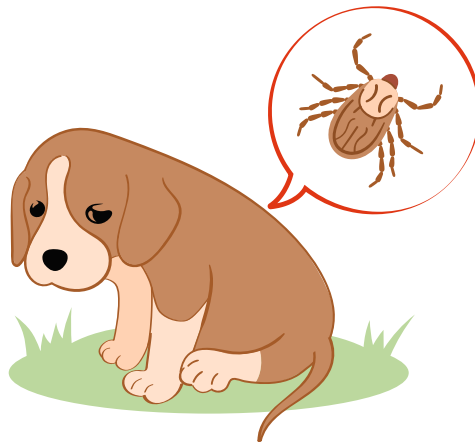
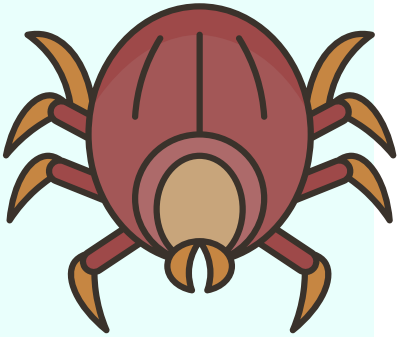
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Ticky Check!

Ticky, ticky, ticky, check!
From hair down to toes,
Look for teeny tiny crawlies!
We don't want to carry those!
Don't be a ticky trolly!



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Tidy, Tidy Up!

Tidy, tidy up, up! Tidy,
tidy down, down!
Tidy **over here**,
and tidy all around, round!
Everywhere we tidy,
from ceiling to the **floor, floor**
Tidy **over here & there**,
and **tidy up some more!**

|C---|F-G7-|C-Am-|F-G7-|

|C----|F-G7-|C---|F-C-|

*Alt: on the table, tidy at the floor, floor
on the shelf, up the blocks*

Ceiling to the Floor, together make it
tidy,

Make it nice once more!



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Time to Go Potty

Time to go potty,
Reset my body,
Reset for potty time!

C---|C---|G7---|C---|

Drip, drip, drip, deposit,
In the water closet,
Then when we're having fun,
We won't have to pause it!

C---|C---|G7---|----|C---|



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Together with You *(That's What We'll Do!)*

We will **share**, that's what we'll do,
You'll **share** with me, I'll **share** with you!
With hearts so huge, Hands helping, too!
And minds a thinking, (thinky-thinky-think!)
That's what we'll do!

Alternatives:
Use with verbs and cues you choose!

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Turtles Go Slow!

Optional Intro:

One, two, three, four! Four legs and feet tuck in so neat,
and a little turtle head tucks in to bed,
and bitty turtle tail stays out with a way-hey-hey hey-heyve!
Says I'm not going hide today!

When turtle comes out it's time to move,
With waddle and a dawdle and a turtle groove!
and he says...

Main Song

Turtles go slow don't you know,
so let's go slow like a turtle would go!

That is how we'll go! We'll go slow like a turtle would go!
Slow, slow, woah woah!
Turtles are slow don't you know,
so let's go slow like a turtle would go

Other Animals

Bunnies are quick and their little ears flick!
Slither smooth is how a snake will move!
Fast and high is how a bird will fly!
Marching strong is how an ant moves along!
Fast with her fin is how a fish will swim!
But that's not how we'll go, cause we going slow!

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Umbrella

Umbrella

My umbrella goes up
My umbrella goes down,
It keeps me from rain,
Each drop makes a sound.
Pitter-patter, pitter-patter, pat, pat,
pat!
Pitter- patter, pitter-patter, just like
that!



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Up the Steps & Down the Slide!

Up the steps and down the slide,
That's the way we take our ride
Winter, Spring, Summer Autumn,
Step to top, and slide to bottom!

(This song was written to help a
neurodiverse child to remember that a
body may be coming down the slide.)



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Throw me your Eyes!

Throw me your eyes!

Lend me your ears!

Bring your attention over here!

Over here! Over here!

Bring your attention over here!

Over here! Over here!

Bring your attention over here!



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Noun to the Noun!

Noun to the noun now,
Noun to the noun now,

(Optional/ extend)

Verb to the noun now, hip, hip, hip!
(repeat)

I said hip, hip, hip, hooray! (x3)

We're gonna (**verb a noun**) today! (x2)

Example Verb/ Noun Parts (**Bold**):

Jump to the line, Spin on your spot,
Sit on the square

Alternate Action (**Bold**):

Make some art, take a walk, etc.



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Waiting for Snow

I've waited through springtime, through summer and Fall
For snowflakes, the winter's the time best time of all!
As winter grows colder, with clouds floating by,
I'm wondering if snow will soon fall from the sky!

Waiting for snow, we're waiting for snow,
We want to play all day, play in the snow,
Waiting for snow, we're waiting for snow,
What shall we do as we're waiting for snow?

Shall we wake up the sky with the pots and the pans?
Wish with no stop or create a new dance?
Turn around our PJ's and the things in our room?
Then when we wake up will the snow fall down soon?

If we focus on waiting, then things take so long,
How about making some fun with a song,
And we'll sing about snow, sing about snow,
We're wanting to sing all day, sing in the snow,
Sing about snow, sing about snow,
What shall we do as we sing about snow,
We've found something, something fun, don't you know
And we're sing about, sing about, sing about snow.

If we focus on waiting, the snow's got no chance,
How about making some fun with a dance ,
And we'll dance about snow, dance about snow,
We're wanting to dance all day, dance about snow,
Dance about snow, dance about snow,
What shall we do as we dance about snow,

We've found something, something fun, don't you know
And we're dancing, dancing for snow.
If we focus on waiting the snow just won't come,
How about making some fun with a jump
If we focus on waiting the snow just won't win,
How about making some fun while we spin



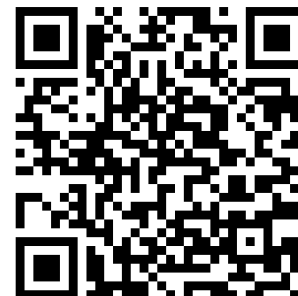
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Wondrous Me!

An intention setting poem and song.

Now I bless this wondrous day, and those near and far away,
Those I know and those I don't, those I'll meet and those I won't,
May I find the goodness in each and every creature, kin.
Spreading kindness, joy and love from Earth below to stars above,

May the food that I eat always nourish me through,
like the books that I read and the deeds that I do,
May my hands find good work that has meaning and joy,
and my mind and my body create, not destroy.

May I find connection with eyes open, truly seeing,
While knowing that perfection is in learning and in being,
For this world needs just one me to be hear learning as I am,
Just as it needs the creatures that I do not understand.

And the me of the future will grow full in time,
But for now I will work to grow well and to find,
That my actions, my love, my compassion arrange,
The pieces and bits of the world that need change!

May it be so that challenges met,
help me to grow and help me to get,
the knowledge I need and the practice to be
the wondrous being that I call me!

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Where's Red?

A ditty for getting into your carseat!

Where's red? Where's red?

You can only see it if you're sitting in your seat!

Where's red? Where's red?

Buckle up your arms and legs and then you'll see
It's right under your belly!

There's red! There's red!

Now you can see it cause you're sitting in your
seat!



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Winter's Song

Days are getting shorter,
Nights are getting long,
Clothes are getting heavy,
Time for winter's song,

It's winter time!
It's winter time!
Find the bells and make them chime!
ding, dong, ding, dong, ding!
ding, dong, ding, gong, ding!

When I'm outside playing,
I can see my breath!
Like a dragon breathing,
from deep within it's chest!

Bird so small is flying,
and perches on my tree!
From his beak he's singing,
"South is where I want to be!"



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Whoosh went the wind! (Through the year)

Spring

Whoosh went the wind and wee went the tree!
Down, down, down, down, down,
Down went the **blossoms** onto the ground!

Summer: berries

Fall: apples, leaves, squirrel

Winter: icicles, snow puff



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You-est You!

You be the you-est you,
and I'll be the me-est me,
And we'll be the we-est we
and the best that we can be!



We'll start right where we are, we are
and find out where we're wanting to go, to go!
And maybe we'll walk together
While we're finding our own flow, own flow
While together finding our own flow.

You be the you-est you,
and I'll be the me-est me,
And we'll be the we-est we
and the best that we can be!



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